



You don't have to get HIT to get FIT

Boxing Program

with boxing instructor Horace Hunter

Monday, Wednesday & Friday's at 7:30 pm

FREE ONE ON ONE SESSION

See Gym Attendant for further information



COMPREHENSIVE BOXING INSTRUCTION

RECREATIONAL/FITNESS,
COMPETITIVE (AMATEUR),
AND PROFESSIONAL

- LICENSED NCCP COACH (LEVEL 1)
- LICENSED PROFESSIONAL BOXER
- LICENSED PROFESSIONAL CORNERMAN
- 8 YEARS AMATEUR BOXING EXPERIENCE ~ 30 BOUTS
- AMATEUR KICKBOXING (7 BOUTS)
- 7 YEARS COACHING/TRAINER EXPERIENCE

FEEL YOUR BODY COME ALIVE AT...

FITNESS 365

The Place Where Results are What Count Most!